



JESUS' SACRED HEART SCHOOL DX-1, SOUTH CITY, LUDHIANA GRADE –I

GENERAL INSTRUCTIONS

During the summer holidays, it's easy to get caught up in the thrill of decreased responsibility. These tips can aid you in having a productive, enjoyable and regret free summer vacation. Your Homework plan is for 25 days, 15 days are for enjoyment. **Parents assistance is required in certain tasks but let's try to make our kids independent as per their age level and let them explore and do themselves.**

- ❖ Give yourself a health time by waking up early and accompanying any of your family members for jogging or cycling.
- ❖ Do some research on your upcoming competitions so that when your school resumes, you can be grateful to yourself only that your skills have buffed up.
- ❖ Make your day log to analyse your utility of time.
- ❖ Develop any of your favourite hobby and make your holidays memorable.
- ❖ Spend time in helping out your mother in doing different household chores and giving her beautiful surprise to make her happy.
- ❖ Follow up any yoga or meditational programmes on Youtube
For eg. Yoga for kids on Youtube with guest instructor Mai Meret –
Namaste Yoga
- ❖ Meditational music is beneficial for children as it enhances learning, harmony and positivity. listen to the music by searching on youtube, use keyword, 'Pure relaxation for children'.
- ❖ Do not forget to carry holidays homework on the first day of school. No work will be accepted after 13th July, 2016 .
- ❖ Subject wise marks will be allotted for holidays homework.

NOTE: All the holidays homework to be done in a separate 3-in-1 notebook which is easily available in the market (except for the project work). 3-in-1 notebooks have the pages of all ----2lines, 4 lines and square boxes.



READING TIME:

❖ let's have fun with books and prepare a story passport of any one story book. (Suggested books: Ladybird, Kindle Series, Fisher Price, Story Town, Scholastic, Mc Gran Hill, Disney, Star fall or any other)

How to proceed:

Take few coloured papers (A4 size), staple them and make a story passport as follows:

Pg 1: Cover Page: Personal Details (Name, Class, School Name, Mother's Name, Father's Name and Your Age)

Pg 2: Title of the book and details of the story (Main characters of the story with at least 2 describing words of each).

Pg 3: 10 new words learnt from the story and their meanings.

Pg 4: Give a different ending to your story

Pg 5: The character I admire the most and why?

WRITING TIME:



❖ Write one page of English cursive handwriting and one page of Hindi on alternate days in your 3-in-1 notebook for at least 20 days. For instance on Monday write in English and on Tuesday in Hindi and so on. Bring the notebook to school after your holidays.



Multiply

3	x	6	=	18
3	x	3	=	9
3	x	5	=	15

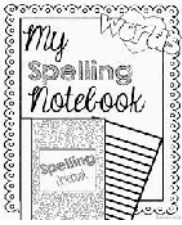
TABLE TIME:

❖ Make a table calendar showing tables from 2 to 5. Also learn them by heart.

MOVIE TIME:



❖ Watch any one movie -'ICE AGE 1' /JUNGLE BOOK/ZOOTOPIA/FROZEN. And write the name of the hero of the movie and the values you learnt from the movie in 3-in-1 notebook.



SPELLING TIME:

❖ Learn at least 3-5 spellings from the given word list everyday and thereafter prepare a word wall of 10-15 most difficult words of each language or any other innovative style and bring to school. Come prepared for a 'SPELLING GENIUS CONTEST' in the class.

WORD LIST:

because	balloon	sweet	pumpkin
dinner	elephant	bench	thunder
grandfather	suddenly	trunk	tomato
storm	cousins	traditions	furniture
laugh	family	monkey	sleep
library	principal	protect	cotton
brother	sister	father	mother
woollen	summer	winter	raincoat
dreaming	shining	smiling	leaping
umbrella	tailor	carpenter	doctor
lunch	breakfast	siblings	tongue
healthy	skipping	different	before
after	number pairs	Ten frame	why
between	always	what	how
पहली	परिवार	टिनटिन	मीमी
दूसरी	कारण	चाहिए	इसलिए
चिड़िया	जेरी	चीकू	इसका
हूँ	रहा	गई	परेशान
छिपकली	लेकिन	ऐनक	रुमाल
कबूतर	बूढ़ा	खूब	मेला
थैला	मुझे	आसमान	
चूहा	चींटी	तितली	



PRACTICE TIME:

❖ <http://www.aaamath.com/sub.htm>

Parents are requested to click on the link given up. Then click on '1st grade' on right side. A page of classes with subjects will appear. Again click on 'Grade-1' and practice the following exercises on this page and prepare a report of each exercise in 3-in-1 notebook. Sample is given below:

Sample:

Name:

Class:

Name of the exercise:

No of questions attempted:

No of correct answers:

No of incorrect answers:

Exercises: 1. Numbers and counting through tens

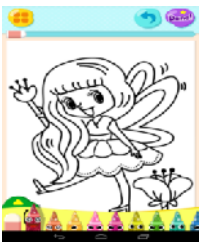
2. Numbers and counting through twenty

3. Counting up numbers in order

4. Counting down

5. Counting by twos

6. Counting by threes



PROJECT TIME:

❖ Paste the pictures of 2 farm and 2 wild animals and their products on A4 coloured sheets. Put it in a folder and bring it to school Try to find out information how domestic animals are useful. Write on beautiful sheets and come prepared in the class to discuss with your classmates. Parents are requested to just help the child to find out basic information. Let him/her write on his own. Suggested links are:

<http://www.libraryindex.com/pages/258/FarmAnimals.html>

https://en.wikipedia.org/wiki/Animal_product

❖ Hey children! Have you ever heard about 'Dinosaurs'? Do you think they still exist? If no, then find out 2 major causes for their extinction and write on a sheet.

Suggested link is:

<https://en.wikipedia.org/wiki/Dinosaur>

ENHANCE YOUR KNOWLEDGE:

Paste pictures or draw and colour flags of minimum 10 countries in your 3-in-1 notebook. Write the names of the countries under the pictures.

Life skill Activity

Topic: Shopping and Dinning

RESTAURANT ETIQUETTE

Most people love to go out at restaurants. List some restaurants that you enjoy going to in your life skills notebook.

When we eat at restaurant we need to act appropriately. Here are some tips we need to follow.

- ❖ Greet with a Smile.
- ❖ Listen politely to the server when they are telling you menu and taking order.
- ❖ Order clearly and accurately, so the server will know what you want.
- ❖ Whenever you place an order use the sentences.
- ❖ May I have _____
- ❖ Can I get _____
- ❖ I would like to have _____
- ❖ Never forget to say THANK YOU and PLEASE.
- ❖ Keep your napkin in your lap.
- ❖ Use your napkin, do not wipe your mouth from your sleeves and hand.
- ❖ Use the utensils when needed.
- ❖ Chew with your mouth closed, and speak after you have swallowed.
- ❖ Do not drink with mouth full of food.
- ❖ Eat small bites.
- ❖ Do not rush, eat in a relaxed way.

HEALTHY GROCERY SHOPPING LIST

Prepare your own healthy grocery shopping list for your holiday meal by adding various vegetables, grain, fruits, oil, milk product and meat and beans. Paste this list in your Life Skills Notebook.

VEGETABLES (Add plenty of vegetables for your holiday meal)	FRUITS (Let fruits jazz up your fest!)	MILK PRODUCTS (Choose fat free or low fat)
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.
GRAINS (whole grain)	OILS (Name different oils which we take from vegetables, nuts and Fish)	MEAT AND BEANS
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.

DREAM OF BETTER INDIA

To 'Save Electricity' is the need of an hour. As a good citizen of India visit atleast 5 houses in your neighbourhood and observe how they are wasting the electricity in their homes. Distribute the pamphlets (sample given below) suggesting various methods/ways to save electricity. Conduct a signature campaign. The child visiting maximum number of homes will be the "champion of the class." The format of the signature campaign is:

SIGNATURE CAMPAIGN

SLOGAN:

Name of the person	Address	Phone Number	Signature
1.			
2.			

Presented By:

Name of the child _____

Class & Section _____

Roll No _____

SAMPLE OF PAMPHLET:

JESUS' SACRED HEART SCHOOL

DX-1, SOUTH CITY, LUDHIANA

PH. NO.-9216100465, 9216000465

www.jesussacredheart.com,

<https://www.facebook.com/jesussacredheartschool/>



Energy Saving Reminder

If you are the last to leave the room, please turn off the lights!



TIPS TO SAVE ELECTRICITY:

- TURN OFF T.V. WHEN NOT IN USE
- UNPLUG APPLIANCES AND CHARGERS IF YOU ARE NOT USING THEM
- USE CFL BULBS
- REPLACE OUTSIDE LIGHTS WITH SENSOR LIGHTS, WHICH SWITCH OFF AUTOMATICALLY
- REFRIGERATORS AND FREEZERS OPERATE MORE EFFICIENTLY WHEN SET AT 37F AND 0 TO 5F RESPECTIVELY

GIVEN BY:

NAME-

CLASS & SECTION-

ROLL NO-